

Sasha's Story

Seven year old Sasha lives in Eastbourne with her Mum, Dad and three siblings. In many ways Sasha is like any other seven year old. She attends school five days a week and is busy learning her letters and numbers. She loves going to the seaside and to theme parks and has a passion for the Disney Channel.

However, Sasha was deprived of oxygen at birth leaving her with HIE (Hypoxic Ischemic Encephalopathy) and Cerebral Palsy. In reality this means that Sasha struggles to control her body, has seizures, is fed by a tube into her bowel and is fully dependant on her family to make sure she is clean, fed and safe. Sasha needs care 24 hours a day and attends regular medical

appointments, meaning that looking after her is a full time job for mum Tandy.

The family first came into contact with Leo House at Home about three years ago. The Leo House Community nurses visit Sasha once a month, taking her out for a few hours or looking after her at home whilst the rest of the family get to do things they usually don't get the chance to do. Mum Tandy explains, "Sasha doesn't feed orally so she struggles to understand why anyone would want to sit in a restaurant and enjoy a leisurely meal. Similarly, the cinema is usually out of bounds for us as she finds it far too loud. Having a nurse come in to look after Sasha for those few hours each month means we can do these things. And, of



course, it gives Sasha a break from us too!"

"It's a great comfort to know that the Leo House Community nurses are there for us. We know that Sasha is totally safe and cared for so we can relax and enjoy a short period of normality which is a massive help when it all starts to get too much."

Mike completes Brighton Marathon 2014 for Leo House at Home

Mike Banks, who lives in Brighton, ran his first marathon in aid of Leo House at Home. He raised almost £600 and afterwards thanked his friends for their support, donations and patience. He has promised to stop the talk about being 'Mr Healthy' now! He would particularly like to acknowledge the generosity of his company, BLB Chartered Surveyors Ltd, for their support.

Well done Mike for your help and your commendable completion time of 4 hours 31 minutes for the run!



Looking ahead

Don't forget to let us know of any forthcoming fundraising events in aid of Leo House at Home.

Contact us

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- Telephone: 01273 556834
- www.leohouse.org.uk
- email info@leohouse.org.uk

Registered charity no. 1091541

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Golf Day to remember Steve Danahar

David Plant, Kevin Taylor, Mike Smith and George Danahar have raised over £3,000 in aid of Leo House at Home at an event in memory of their friend Steven George Danahar. The day was held in glorious sunshine at the Dyke Golf Club near Brighton.

Pictured: Steve's widow with the organisers.
Many thanks to all involved.



Will you leave a legacy to Leo House at Home?

We are asking our loyal supporters to help with the future of Leo House at Home by considering us in your Will. We are very grateful for the fantastic amounts people raise for us in numerous ways, but as you are aware the funding of our nurses is a huge commitment and we would like to be able to assure them and the families they help of our continued future support.

In our updated website there is a new section explaining about legacies and answering questions about it. You can leave a specific item, a cash amount or the residue of your estate.

If you would like more advice, please contact us on 01273 556834 or by email at info@leohouse.org.uk. Please note, the phone line is not manned constantly, but we will pick your message up within a few days.

Who are we?

Leo House was established by Brighton Lions Club to help life-limited children, young people and their families living in East and mid Sussex as well as in Brighton & Hove. Leo House supports children and young people with a life-limiting condition from birth to 25 years of age and their families. We know we cannot cure them but we can help to give them the best quality of life for as long as that might be.

See our New Leo House at Home Website



Have a look at our new site: www.leohouse.org.uk. We welcome any feedback to info@leohouse.org.uk.

Lionesses swing their partners again!

Seahaven Lionesses had such a good time at their last Barn Dance that they did it all again. Featuring live music from the band 'Ded Efnick', the night raised £500 for Leo House at Home.

Pictured: The Lionesses present a giant cheque to Leo Chairman, Richard Lintott.



Thank you!

Thank you to everyone for your generous donations to Leo House including:

Seahaven Lionesses
Religious Society of Friends Lewes
Dr C Edwards
Glynde PCC
Debonair Dancing
St Cosmas & St Damian Church
Mr P Gregory
Metal Box Pensioners
Mr J Okines
Mrs G F Swindells
Mr T Wiltshire

Don't forget, Leo House at Home spends almost all this money to fund our nurses, less than 2p in the £ goes to pay expenses.