

New Nurses join Leo Team

As we mentioned in the last Newsletter, Leo House at Home has brought all our nurses together under the management of the Chestnut Tree House Community Team. There are two new nurses, and they will all be helping families with very poorly children.

Shown on the left is Laura Wood, now leading on our Neonatal care. She will be working with local services, including the Neonatal Intensive Care Unit and maternity units.

Louise Borton is Community Team Leader and will be leading in all oncology care. She is a highly experienced Community Nurse and has been with Leo House for several years.

Karen Brailey joined the team in August. Karen is an experienced nurse and has been working at Chestnut Tree House for some years. Karen has finished her community induction period and is now building relationships with the families she will be helping.

Emma Heward joined the team on 19th September. As Emma comes from an



acute Paediatric Intensive Care Unit, she is receiving a thorough introduction to the hospice and community services.

Pictured separately is Lucy Rippingale, who will be joining the team from Sussex Community Trust on 1st November. Lucy is one of the first Leo House Nurses and brings a wealth of experience and a good knowledge of the Leo children.

We give all the nurses our very best wishes and thank them for all their hard work.

Looking ahead

Don't forget to let us know of any forthcoming fundraising events in aid of Leo House at Home.

Sussex Beer and Cider Festival

Supporting Leo House at Home
March 8th – 10th 2012
Hove Town Hall
For more information see:
www.sussexbeerfestival.co.uk

Christmas Gift Fair

Wednesday 30th November 2011,
10am – 3pm
Norfolk Pavilion, South of England Show
Ground, Ardingly
See: www.Fesh.org.uk
Friends of East Sussex Hospices share their
funds with Leo House at Home

Contact us

Leo House, Lions Dene, The Deneway,
Brighton, BN1 5AZ

Telephone: 01273 556834
www.leohouse.org.uk

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Biking to Paris for Leo House at Home



Alex Boyle tells his own story:

Our journey started at 10pm on Thursday 16th June with a ferry from Newhaven to Dieppe and ended 120 miles later at the Eiffel Tower at noon on the Sunday. I had special permission to miss school on the Friday as my exams were finished and because I was cycling for the Ryle House charity, Leo House at Home.

The ferry arrived at Dieppe at about 3.30am and my Dad and I immediately set off in the direction of Paris. On the first day we travelled through French farmland along the 'Avenue Verte' which is an old, disused train track that the French have converted into a cycle path. It was a fun day of cycling and we managed to travel 60 miles, though my Dad said it felt more like 100 miles because of the constant headwind and rain. We thought it would be warm and sunny, but unluckily we had bad weather for most of the trip.

The second day was the hilly stage

of the journey and we cycled nearly 50 miles, climbing up three significant hills and then at the end of the day we descended a single 2 mile hill back down to the River Seine and stayed in a hotel about 10 miles from Paris. We had to wear raincoats again all day against the headwind and rain, and this left me with a painful rash from my backpack.

On the last day, we had to get up really early for my Dad to mend a puncture. Then we set off and arrived in Paris and cycled to the Eiffel Tower. We had time to take a few photos, then we cycled to the Gare du Nord for the train home.

I had always wanted to do a long bike ride for charity and, now that I have completed it, I am looking forward to a bigger challenge next time, and we are thinking about Amsterdam or along the Loire.

Who are we?

Leo House was established by Brighton Lions Club to help life-limited children, young people and their families living in East and mid Sussex as well as in Brighton & Hove. Leo House supports children and young people with a life-limiting condition from birth to 25 years of age and their families. We know we cannot cure them but we can help to give them the best quality of life for as long as that might be.

Thank you!

Thank you to everyone for your generous donations to Leo House including:

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T Trott
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Don't forget, Leo House spends almost all this money to fund our nurses, less than 1p in the £ goes to pay expenses.

A Night at the Albion for Samuel

Samuel Elliot and his Dad, Peter, enjoyed a thrilling night at the fabulous new American Express Community Stadium. They watched a nail-biting match packed with goals. Sadly, Brighton missed out on a win as they drew with Leeds United 3-3.

Samuel is almost 9 years old and, like his younger brother Owen, suffers from Duchenne Muscular Dystrophy. This causes muscle degeneration and difficulty with walking and breathing. As you see from the photo, Samuel is a jolly chap. He loves theme parks (especially rollercoasters!) and, in quieter moments, making K'nex puzzles. The family has a Jack Russell/Sheltie cross called Titch and Samuel likes to play games with him. He



goes to Swiss Gardens Primary School and has help from the Leo House/ Chestnut Tree House Community team.

Our thanks to U-Support and Brighton and Hove Albion for helping us obtain free tickets. Ten children and carers attended that night and there will be three other sets of tickets available during the season.

Brighton Marathon 2012

Leo house at Home has 3 spare places for the 2012 Brighton Marathon, if you or someone you know would like to run to raise money for us, please get in touch.